

# Vanguard Classical School Sports



## Mission

*To foster character and sportsmanship through healthy competition while maintaining academic excellence.*

## Requirements

In order to participate in the Vanguard Classical School Sports Program all members will be required to:

- Complete and turn in the registration packet and current physical (5<sup>th</sup> graders do not need a physical)
- DCAL and Vanguard code of conduct signed by parents/guardians and participant
- At least one parent/guardian must attend the required sports information meeting
- Follow the Vanguard and DCAL code of conduct at all practices, sporting events, and games/scrimmages.
- Be respectful of all players, coaches, and officials
- Pay a **\$40** fee for each sport (5<sup>th</sup> graders-\$10)
- Attend all practices and games
- Purchase any necessary equipment or uniform
- Maintain a C average or above in all subjects in school

*\*\*Participants are not eligible to practice or play in games until they have turned in all required paper work and a parent has attended the mandatory sports meeting.*

## Academics

The Vanguard Classical School Sports program requires all participants to maintain a C average or above in all subjects in school. If a student is unable to maintain a C average or above, then he or she will be required to seek academic help to improve his or her grades. In order to be eligible to participate in practices or games members of the Vanguard Classical School Sports program are required to:

- Maintain a C average or above in all subjects in school
- If a student earns one “D” he or she will be placed on a probationary status and be eligible to practice and play in games.
- If a student receives two “D’s” or one “F” in a subject then he/she is not eligible to participate in a game until the grade(s) has improved.
  - Students ineligible for three consecutive games due to academics will be asked to leave the sports team and will not be refunded the sports fee.
- Student’s academics always come before sports so staying after for academic support or triple “A” would be considered an excused absence from practice.
- Students attending triple “A” will still be able to join practice at 4:00pm

## Practice

All members are required to attend every practice in order to be eligible to participate in the games. Members are also required to:

- Be on time to practice (unless excused for triple “A” or medical reason)
- Be picked up on time after practice. Being picked up late from practice or games can jeopardize a student’s eligibility on a sports team.  
*\*Participants that are asked to leave due to being picked up late multiple times will not be refunded their sports fee.*
- Attend all practices.

- If a student is going to miss a practice he or she must notify their coach 24-hours ahead of time. Excused absences are for academic support or medical reasons.
- Multiple missed practices may jeopardize a student's participation on a sports team.  
*\*Participants that are asked to leave the team due to multiple missed practices will not be refunded their sports fee.*
- An unexcused absence from practice will result in the student not being eligible to play in the next game. The participant must attend and sit out a full game in order to be eligible to play again.
- Wear appropriate shoes and socks
- Wear appropriate attire
- Hair tied back and out of the face
- Students participating in more than one activity must set up an agreement with the coach prior to practices starting. The coach(es) reserve the right to make a decision based on what is best for the team and athletes.

## Attire

Members of the Vanguard Classical Sports program must attend all practices and games in the required and appropriate attire and equipment. Students not wearing appropriate attire and equipment may not practice or play in games.

- Shorts and pants
  - Comfortable and not restricting
  - Shorts- finger tip length or longer, no spandex or bike shorts
  - Will be worn at the waist
  - Must have no designs on the back side
- Shirts and tops
  - Must cover midsection and shoulders
  - Will have appropriate and minimal wording and designs
- The colors royal blue, baby blue, and red are not allowed to be worn during practice or games.
- Students must bring required equipment such as knee pads for volleyball, shin guards, mouth guard, etc.
- Coaches reserve the right to make other decisions and requirements regarding the attire for practices and games

## Games

Members of the Vanguard Classical Sports program must attend all games in the required and appropriate attire and equipment. Students not wearing appropriate attire and equipment may not play in games.

*\*If a participant has an unexcused absence from a game he/she is not eligible to play in the next game. The participant must attend and sit out a full game in order to be eligible to play again.*

**Academic Eligibility:** Students are required to get their eligibility slip on Tuesday mornings and have them completed and turned in by 4pm. Students will have their teachers sign off their eligibility slip at the end of each class. If eligibility slips are not completed and turned in by 4pm on Tuesday the student is not eligible to play in the games for that week.

## **Other Game Day Requirements:**

- Students are expected to wear their jersey over their dress code shirt tucked into their dress code pants during the school day in order to show support for their team
- Students must notify their coach(es) 24-hours ahead of time if he or she is going to miss a game.
- Wear required safety equipment and VCS sports uniform
- Appropriate shoes and socks are to be worn at the game
- Arrive at the game at least 20 minutes before the starting time
- Follow the leagues participant expectations and rules at all times
- Be respectful of the officials
- Cheer and encourage both teams
- Coaches will be the only ones “coaching” the players on the field or court
- Late pick up after a game may jeopardize a student’s participation on a sports team
- Coaches reserve the right to make other decisions and requirements for games
- There will be no “cuts,” however, school teams will play to win. Therefore, all players may not have equal playing time.
- All eligible players will play in each game; however, players may not always have equal playing time.

*\*Participants that are asked to leave due to being picked up late after games multiple times will not be refunded their sports fee.*

## **Conduct at games and practices**

### Participants/Players

- Any participant that is ejected from the game will not play in the following game, but is still required to attend the next game to support his/her team.
- Will follow all Vanguard and DCAL policies at all games
- Will be respectful to all fans/spectators, other participants, and all coaches
- Will be respectful to all officials/referees

### Spectators/Fans:

- Required to stay in the designated spectator area throughout the entire game
- Will not engage with the referees, officials, or coaches during the games
- Will refrain from “coaching” the participants during games
- Will conduct themselves according to the Vanguard policies at all home and away games
- Will follow the DCAL spectator expectations
- Will be positive role models for participants and other spectators
- Will be respectful to other coaches, participants, and spectators
- Coaches (from either team) have the right to ask any fans/spectators to leave the school premises at any time to do poor conduct.

## **Injuries and Concussions**

If a participant is injured at practice or a game the coaches reserve the right to determine whether a child is safe to practice or play in a game.

### ***Concussions***

If a participant has a concussion he/she may not participate until cleared by a doctor with a doctor note. Coaches are concussion certified and reserve the right to determine whether a child is safe to practice or play in a game.

## **Code of Conducts**

### **Vanguard Classical School Code of Conduct**

*The mission of Vanguard Classical School is to facilitate optimal individual academic achievement and character development through a rigorous, content-rich, inclusive learning environment.*

Vanguard Classical School was founded on ten core philosophies. One of those philosophies is that a Code of Conduct, consistently and equally followed, will ensure a structured, safe learning environment. To that end, Vanguard Classical School will require that all persons involved with the school (students, teachers, administrators, staff, parents, and volunteers) adhere to certain standards of conduct.

1. Character – Students, parents, teachers, administrators, staff, and volunteers will model, by their words and actions, the cornerstones of character of Vanguard Classical School.
2. Academic Integrity – Students are expected to be honest in word and actions. Cheating will not be tolerated. Each student will respect the school's learning environment and will not interfere with another student's opportunity to learn.
3. Dress Code – Basic standards for dress and personal appearance are cleanliness and neatness. Students will adhere to the uniform dress code. All who enter the school should be dressed appropriately to reflect the importance of and a respect for education.
4. Homework – Homework is a fundamental part of our academic program. Students are responsible for turning in homework complete and on time. Make-up work should be completed in a timely fashion as required by the teachers.
5. Attendance – Students are expected to attend school consistently and to be on time. Frequent absences will impact a students' progress. Classes start promptly at 7:50 am. Students must be signed in at the office if arriving late.
6. Conduct - To effectively accomplish our mission and goals, it is necessary for the educational environment to be safe and free from unnecessary disruption. VCS students are expected to be well behaved at all times, respecting themselves, others, and property. Each student will bear the responsibility for his or her own conduct. All directions and reasonable requests made by school personnel are to be followed when given with a positive attitude. Students are expected to communicate in an acceptable tone of voice using an acceptable vocabulary.

7. Parental Involvement – By choosing to enroll your student in Vanguard Classical School, you agree to the partnership between home and school. Please find the necessary time, energy, and resources to devote to your student’s education. Vanguard has established four involvement standards toward the successful student/parent/school partnership.

- a) The parent(s)/guardian(s) will attend the parent/teacher conferences held twice each school year per student.
- b) The parent(s)/guardian(s) will attend at least one (1) informational meeting.
- c) Parent(s)/guardians(s) should provide a time and place free from distractions for the student to complete his or her homework, provide support as needed, and communicate any concerns to the teachers.
- d) All families are encouraged to attend and/or participate in school-wide activities and are encouraged to participate on school committees or in other volunteer activities as they are able.

8. Traffic Safety – Drivers and students will abide by the traffic policies set by the school. Failure to do so not only compromises the safety of students but also undermines, in a direct and visible way, the values we are teaching our students, including respect and responsibility. Drivers are to set the example of obedience to rules.

## **Denver Charter Athletic League Code of Conduct**

### **Spectators**

In the interest of continued good relationships in the field of athletics, all spectators are asked to:

1. Conduct themselves as ladies and gentlemen at all times, showing respect for visiting players and injured athletes, by not booing participants on the playing area and by respecting property.
2. Show respect for the game officials and refrain from booing their decisions or interfering with their control of the contest.
3. Recognize that vulgarity and indecent gestures are unacceptable.
4. Not interfere with the opponent's cheering. Foot stomping in the stands is to be eliminated.
5. Recognize that noisemakers and signs in any gymnasium or at any indoor contest are unacceptable.
6. Recognize that littering premises, throwing of confetti, or paper and tossing objects onto the playing area are unacceptable.
7. Eat and drink in designated areas. The gymnasium and pool area are not acceptable areas for the consumption of food and beverages.
8. Follow the code of conduct for promoting good sportsmanship, adults and students alike.
9. Respect decisions made by contest officials.
10. Be an exemplary role model by positively supporting teams in every manner possible, including content of cheers and signs.

*\*Each individual school reserves the right to eject any spectators whose conduct is detrimental to good sportsmanship.*

## **Expectations of Student Participants**

- Treat opponents with respect
- Respect judgment of contest officials, abide by rules of the contest, and display no behavior that could incite fans.
- Cooperate with officials, coaches, and fellow participants to conduct a fair contest.
- Accept seriously the responsibility and privilege of representing school and community; display positive public action at all times.
- Live up to high standards of sportsmanship established by the league.

## **Expectations of Coaches**

- Always set a good example for participants and fans to follow, exemplifying the highest moral standards.
- Instruct participants in proper sportsmanship responsibilities and demand that they make sportsmanship the NO. 1 priority.
- Respect judgment of contest officials, abide by rules of the event and display no behavior that could excite fans.
- Treat opposing coaches, participants and fans with respect. Shake hands with officials and opposing coaches in public.
- Develop and enforce penalties for participants who do not abide by sportsmanship standards.

## **Expectations of Spirit Groups**

- Stimulate desired crowd response using only positive cheers, signs and praise without antagonizing or demeaning opponents.
- Treat opposing spirit groups and fans with respect.
- Recognize outstanding performances on either side of the playing field or court.

**Contact information: Please contact the Athletic Directors directly if you have issues or concerns with the sports program.**

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